

## Preschool 2 (Ages 3 - 5 years)

**Cost: \$44.00**

**Prerequisite:** Successful completion of Preschool 1

Preschoolers will work on becoming more independent with their water skills. Some of these skills include jumping into chest deep water unassisted, submerging and exhaling under-water, and floating and gliding with various buoyant aids.

T-F	July 4 – 14	10:30-11:00am
T-F	July 18 - 28	10:30-11:00am
T-F	July 18 - 28	11:15-11:45am

## Preschool 3 (ages 3-5 years)

**Cost: \$44.00**

**Prerequisite:** Successful completion of Preschool 2

Preschoolers will kick and glide their way through the water on their fronts and backs. They will work on retrieving objects from the bottom in water that is waist deep, and work towards mastering their floats, rollovers, glides and kicks.

T-F	July 4 – 14	11:00-11:30am
T-F	July 18 - 28	11:00-11:30am

## Preschool 4

**Cost: \$44.00**

**Prerequisite:** Successful completion of Preschool 3

Preschoolers will gain some independence in deep water. They will practice jumping into deeper water (including getting out by themselves), sideways entries, and opening their eyes under-water. These swimmers in training will work on completing 5m of front crawl in their lifejackets and work on their ability to tread water.

T-F	July 4 – 14	11:30am-12:00pm
T-F	July 18 - 28	11:30am-12:00pm



**OLDS**  
**Aquatic Centre**

**5303 46 Avenue**

**Olds, Alberta T4H 1E8**

**OAC Phone: 403.556.7665**

**Email: [pool@olds.ca](mailto:pool@olds.ca)**



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## **Parent & Tot 1** (Ages 4-12 months)

**Cost: \$44.00**

Parents and babies will explore the water together under the watchful eyes of their instructor. They will learn how to safely enter and exit the water and work on getting ready to discover the water safely.

T-F	July 4 – 14	9:30-10:00am
T-F	July 18 - 28	9:30-10:00am

## **Parent & Tot 2** (Ages 12-24 months)

**Cost: \$44.00**

Parents and babies will explore the water together under the watchful eyes of their instructor. They will learn how to safely enter and exit the water and work on getting ready to discover the water safely.

T-F	July 4 – 14	9:30-10:00am
T-F	July 18 - 28	9:30-10:00am

## **Parent & Tot 3** (Ages 2 - 3 years)

**Cost: \$44.00**

Parents will work towards supporting their toddlers in becoming more independent in the water. Getting in, getting out, going under, and floating, parents and toddlers will be introduced to different iterations of these fundamental skills.

T-F	July 4 – 14	9:30-10:00am
T-F	July 18 - 28	9:30-10:00am



## **Preschool 1** (Ages 3-5 years)

**Cost: \$44.00**

Preschoolers will be assisted by their instructor when learning to enter and exit water safely, jump into chest deep water, and put their faces in the water to blow bubbles. Becoming comfortable with floats and glides and moving safely in shallow water while wearing lifejackets will help them gain confidence with their water skills.

T-F	July 4 – 14	10:00-10:30am
T-F	July 18 - 28	10:00-10:30am
T-F	July 18 - 28	10:45-11:15am

