

Preschool 2 (Ages 3 - 5 years)

Cost: \$44.00

Preschoolers will work on becoming more independent with their water skills. Some of these skills include jumping into chest deep water unassisted, submerging and exhaling underwater, and floating and gliding with various buoyant aids.

M/W	Sept 19 – Oct 17	11:00-11:30am (no class Oct 10)
M/W	Nov 21 – Dec 14	11:00-11:30am
T/Th	Sept 20 – Oct 13	4:30-5:00pm
T/Th	Oct 18 – Nov 10	5:00-5:30pm
T/Th	Oct 25 – Nov 17	11:00-11:30am
T/Th	Nov 15 – Dec 8	5:30-6:00pm
Wed	Sept 21 – Nov 9	4:30-5:00pm
Sat	Sept 24 – Nov 26	10:30-11:00am (no classes Oct 8 & Nov 12)

Preschool 3 (ages 3-5 years)

Cost: \$44.00

Preschoolers will kick and glide their way through the water on their fronts and backs. They will work on retrieving objects from the bottom in water that is waist deep, and work towards mastering their floats, rollovers, glides and kicks.

M/W	Sept 19 – Oct 17	11:30am-12:00pm (no class Oct 10)
M/W	Nov 21 – Dec 14	11:30am-12:00pm
T/Th	Sept 20 – Oct 13	5:30-6:00pm
T/Th	Oct 18 – Nov 10	5:30-6:00pm
T/Th	Oct 25 – Nov 17	11:30am-12pm
T/Th	Nov 15 – Dec 8	5:00-5:30pm
Wed	Sept 21 – Nov 9	5:00-5:30pm
Sat	Sept 24 – Nov 26	11:00-11:30am (no classes Oct 8 & Nov 12)



OLDS
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Parent & Tot 1 (Ages 4-12 months)

Cost: \$44.00

Parents and babies will explore the water together under the watchful eyes of their instructor. They will learn how to safely enter and exit the water and work on getting ready to discover the water safely.

M/W	Sept 19 - Oct 17	9:30 am -10:00 am (No class Oct 10)
M/W	Nov 21 - Dec 14	9:30 am -10:00 am
T/Th	Oct 25 - Nov 17	9:30 am -10:00 am
Sat	Sept 24 - Nov 26	9:00 am - 9:30 am (No class Oct 8 & Nov 12)

Parent & Tot 2 (Ages 12-24 months)

Cost: \$44.00

Instructors will lead sessions to help parents with children learn basic water safety skills in a welcoming environment. Parents are taught how to support their child with assisted entries and exits into water and support them in learning to float and kick.

M/W	Sept 19 - Oct 17	9:30 am -10:00 am (No class Oct 10)
M/W	Nov 21 - Dec 14	9:30 am - 10:00 am
T/Th	Oct 25 - Nov 17	9:30 am - 10:00 am
Sat	Sept 24 - Nov 26	9:00 am - 9:30 am (No class Oct 8 & Nov 12)

Parent & Tot 3 (Ages 2 - 3 years)

Cost: \$44.00

Parents will work towards supporting their toddlers in becoming more independent in the water. Getting in, getting out, going under, and floating, parents and toddlers will be introduced to different iterations of these fundamental skills.

M/W	Sept 19 - Oct 17	10:00 am -10:30 am (No class Oct 10)
M/W	Nov 21 - Dec 14	10:00 am -10:30 am
T/Th	Sept 20 - Oct 13	4:00 pm - 4:30 pm
T/Th	Oct 18 - Nov 10	4:00 pm - 4:30 pm
T/Th	Oct 25 - Nov 17	10:00 am -10:30am
T/Th	Nov 15 - Dec 8	5:00 pm - 5:30 pm
Wed	Sept 21 - Nov 9	4:00 pm - 4:30 pm
Sat	Sept 24 - Nov 26	9:30 am -10:00am (No class Oct 8 & Nov 12)

Preschool 1 (Ages 3-5 years)

Cost: \$44.00

Preschoolers will be assisted by their instructor when learning to enter and exit water safely, jump into chest deep water, and put their faces in the water to blow bubbles. Becoming comfortable with floats and glides and moving safely in shallow water while wearing life jackets will help them gain confidence with their water skills.

M/W	Sept 19 - Oct 17	10:30-11:00am (no class Oct 10)
M/W	Nov 21 - Dec 14	10:30-11:00am
T/Th	Sept 20 - Oct 13	5:00-5:30pm
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