



Olds Resource Guide for Older Adults



COMMUNITY
CONNECTION
CENTRE - OLDS

Connecting People, Building Community



Assisted Living
Alberta

Disclaimer: This list is for information only.

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Community Connection Centre

The staff at the Community Connection Centre provide information to adults, seniors and families seeking resources for various local and government programs. Referrals are made to other agencies that provide a variety of programs and services (i.e. financial assistance, housing, counseling, etc.)

To book an appointment, or to call for information and referral services, call 403-556-7480.

You will also find the following services at the Community Connection Centre:

Sunshine Bus Transportation

A growing number of older adults and people with mobility issues in the Town of Olds who want to live in their own homes face barriers to accessing the non-medical services they need to live independently in the community, including accessible and affordable transportation. Older adults or those with mobility issues have priority booking status and can book the bus two days or more in advance of the day needed to ensure time slot availability.

Payment Options:

\$5.00 / one way per person

Punch Pass (11 trip punch pass) - \$50.00 / One punch per person

Cash or Punch Pass only.

Punch Passes can be purchased at the Town Administration Office (4512-46 St.), or the Olds Aquatic Centre (5303 46 Ave) by cash, credit or debit.

Punch passes can also be purchased from the bus driver or at the Community Connection Centre (4911-51 Ave.) but by cash only.

Call to book your ride:

Call the booking line (403-556-8003) Monday to Friday between 9 am – 11 am and one of the volunteer dispatchers will reserve the time slot for your trip.

Community Connection Centre continued

Subsidized Housekeeping Program (65+)

The Community Connection Centre wants to help older people stay in their own homes as they get older. They have a program to help pay for house cleaning. This program is for seniors who need help but don't qualify for a similar program from the province.

Check the table below to see if your income qualifies you for the program.

***Please note this program has limited space available. First come, first serve.**

Marital status	Annual total income	Funding level
Single senior	\$29,010 or less	To get help paying for house cleaning, please contact the Alberta government's Special Assistance for Seniors program
Senior couple	\$46,440 or less	
Single senior	\$29,011 to \$33,410	Eligible for Subsidized Housekeeping Service, through the Community Connection Centre. Please fill out an application form.
Senior couple	\$46,441 to \$54,640	
Single Senior	Over \$33,410	No funding currently available.
Senior Couple	Over \$54,640	

Social Connection Programming

Cooking Connections

Are you a senior looking for a new way to connect and enjoy delicious food? Seniors Cooking Connections is the perfect fit! Join us once a month for a hands-on cooking experience guided by an AHS Dietitian. It's a wonderful opportunity to create tasty dishes, share a meal, make new friends, and even take some home with you!

Monthly program.

Call 403-507-4866 to register - \$5.00 per session

Art Classes

Taking up a new hobby can be a fantastic way for seniors to stay active and engaged, and one of the most popular opinions is exploring their creative side through art. Paint and craft classes offer a wonderful opportunity to learn new skills, socialize, and create something beautiful.

Monthly program.

Call 403-507-4866 to register - \$5.00 per session

Peaks to Prairies Primary Care Network (PCN)

Seniors Health Nurse

Who can benefit from this service?

The Seniors Health Nurse supports adults (≥ 65 years) through the aging journey. Our Seniors Health Registered Nurse is available to complete a thorough evaluation of the medical, functional and social needs of you, or a family member who may be experiencing concerns regarding healthy aging.

What happens at my appointments?

You will have individual appointments with our Seniors Health Registered Nurse who will work with you, your family/caregiver and your family doctor to develop a care plan to best meet the needs of you and your family. Through our emphasis on person-centered care, you will work in partnership with our nurse to help you navigate community and health services with a goal of maximizing overall healthy aging.

How do I access the service?

You can access this service by asking for a referral from your Peaks to Prairies PCN family physician. This service is by appointment only.

Where is the service located?

Our Registered Nurse sees patients in both Olds and also can visit you in your home. Appointments are available Wednesday to Friday from 8:30 – 4:30.

Other services available in the PCN by referral are:

Programs and Classes

- Anxiety to Calm
- Journey through Grief
- Happiness the Basics
- Moving on with Persistent Pain
- Relationships in Motion
- My Way To Health
- Walking Group

Website: peakstoprairiespcn.com

Phone Number: 587-796-0765

Location: 4920 - 50 Avenue Olds

Connect Seniors (ASC) Accredited Supports to the Community

Serves seniors and older adults (55 plus) in the Mountain View County region who require supports to feel safe, secure, and socially connected while they remain living in their homes as they age.

Services are provided as a fee for service and a sliding fee scale is available for as long as there are program funds available. Access to the sliding fee scale is based on recorded annual gross income.

The service fee can slide from \$8.25 – \$33 per hour; and the transportation fee can slide from \$0.13 to \$0.50 per kilometer.

Required services are determined by the client and/or their caregivers and will be delivered by a team of professional and trained staff using a person-centered approach.

Services include:

System Navigation: provides access to and knowledge of relevant community support services and resources relevant to their needs (income and government support services support, homeowner services).

Transportation: escorted transportation, utilizing CSS staff-owned vehicles to provide support to attend medical and non-medical appointments within the Olds area, including shopping, errands, and social events.

Companionship: staff will spend time with you in your home, doing activities you enjoy, addressing loneliness or isolation and increasing your sense of safety and well-being.

Social Support Connections: staff will provide transportation so you can attend community events, visit with friends, or do other day-to-day things you enjoy.

Respite: provides primary caregivers with a break from care-giving.

Homemaking: staff will assist with meal clean up and general tidying or will make referrals for full housekeeping services.

Meal Support: staff will assist with meal planning, shopping, and preparation, and provide companionship during meals.

For more information on this program please contact our team:

Phone: (403) 556-4110

Email: connectseniors@asc-mva.ab.ca

Mountain View Hospice Society

Home and Hospital Hospice Care

Our team provides support to individuals and families, whether at home or in the hospital. Our trained volunteers offer companionship and respite care, sitting beside those in need and giving caregivers a necessary break. We assist with navigating the healthcare system, helping families manage the many challenges and changes that arise during the palliative journey. We can also connect you with essential information and resources, serving as a guide through difficult times.

Grief and Bereavement - Bridging

Our Bereavement Support team offers one on one support to those experiencing loss. This is open to our client's family members as well as the community at large. We offer compassionate support at no cost for up to four sessions with trained facilitators to learn coping strategies as well as give a safe space to express thoughts and feelings.

Navigation Care Services

Navigation-CARE 's specially trained volunteer navigators help improve the lives of people living with chronic/terminal illness by creating connections to community services and resources and providing caring, compassionate emotional and social support.

Nu2U - A Community - Focused Service

Nu2u is a valuable community resource, and provides a small amount of funding for the Hospice Society Operations. Nu2u is a fantastic place and is both a community service and sustainability initiative.

Nu2u provides:

- A safe space for community connection and mentorship
- Sustainability efforts through reuse and waste reduction
- Support for individuals in need, including those identified by partner organizations, such as individuals recovering from domestic violence, newcomers to Canada, and refugees

Website: www.oldshospice.com

Phone Number: 403-586-9992

Location: 5026 51 Street Olds

Alberta Health Services

Need Dementia Advice?

Support is just a phone call away.

Dementia Advice responds to the immediate needs of persons with dementia living in community settings and their care partners, who require health related advice, education, information on community resources, and emotional support for events that occur during the course of dementia. Dial **811** to get Dementia Advice, and to find services near you.

To learn more.

www.albertahealthservices.ca

Search - Dementia Advice

Specific services include:

- short term psychosocial support
- dementia related education
- facilitates linkages to community resources
- referrals to services such as Alzheimer Society and Home Care

For other ways to contact AHS go to:

www.ahs.ca/healthlink

Please visit the Alberta Health Services Website for

For more information www.albertahealthservices.ca

Home Care - Assisted Living Alberta

Home Care is a health service that assists individuals of all ages to live safely and independently in their homes while reducing the need for hospital or long-term facility stays. It includes a wide range of support such as nursing care, personal assistance with daily activities, rehabilitation therapies, and palliative care. Services are coordinated by a Case Manager and tailored to each person's needs through an assessment process.

Clients can access home care through self-referral or healthcare provider recommendations, and care is delivered by ALA staff or contracted providers.

To register or for more information call Central Access at 1-855-371-4122

Specialized Geriatric Services (SGS)

Offers service to older adults who have had a recent or still undiagnosed reason for a decline in their health or level of function.

The Seniors Health Clinic provides assessments for adults usually over the age 75.

Referral needed

A doctor's referral is required. Assessment is done by the SGS team.

Red Deer Regional Hospital Centre
Ambulatory Annex

Address

3942 50A Avenue
Red Deer, Alberta
T4N 4E7

Phone: 403-348-8815
Fax: 403-309-2802

This service is open to all citizens in Central Alberta

Alzheimer's Society of Alberta and Northwest Territories

The Alzheimer Society of Alberta and Northwest Territories staff is in your community

Are you someone who has dementia or is supporting someone living with dementia?
Are you interested in connecting with the Alzheimer Society of Alberta and Northwest Territories to learn more or for information and support?

WHERE: Olds Community Connection Centre
Lone Pine Professional Centre - 4911 51 Avenue, Olds

WHEN: The 3rd Thursday of each month 9:00am-4:00pm

To schedule an appointment, please contact:
Madi Olson at 1-866-950-5465 ext. 702

Parkinson Association of Alberta

What we do:

One-on-One/Family Support Counseling
Support Groups
Education

Information & Resources:

- Printed & Downloadable Resources
- Ask the Experts: on line feature gives you the opportunity to ask our experts medical questions about day-to-day management of Parkinson's
- Aware in Care Kits: this physical tool is designed to protect, prepare and empower people with Parkinson's before, during and after a hospital visit
- Community Resources: Client service staff can connect you to a myriad of resources available in YOUR community

Programs:

- Physical programs
- Speech/voice
- Cognitive
- Social

General Inquiries: 1-800-561-1911

PD Helpline: Toll free 1-877-243-9992

info@parkinsonassociation.ca

Red Deer Region: 403-346-4463

Support Groups

Olds Caregiver Support Group (Royal Canadian Legion)

Third Tuesday of every month from 2:00 – 3:30 pm - A safe, supportive environment for anyone providing care or support to those with healthcare needs.
Cindy Andrus: (403) 636-6285

Men's Bereavement Support Group

Mary Smith: (403) 586-9992

Palliative Care and Bereavement

Bereavement and Grief Services

Includes one-on-one support, group support, and workshops.

Audrey Hobbs (403) 507-8105

Canadian Cancer Society

Support and information for people with cancer and their families

1-888-939-3333

Canadian Hard of Hearing Association

1-800-263-8068

Mountain View Emergency Shelter Society

Support for those dealing with domestic violence, group support programs for building boundaries and self-esteem.

(403) 586-4765

Mobile Hairdressers

Trish Parliament

(403) 896-0995

Recreation and Exercise

Olds Aquatic Centre

Aqua Fit, Lane Swim and Senior's Swim.
(403) 556-7665

CLC Fitness Centre

Indoor walking track available, as well as senior focused group classes.
(403) 507-7782
www.communitylearningcampus.ca/fitness/courses

Counter Punch Boxing Club

Box-fit for 55+
This class helps improve balance, coordination, strength, flexibility, cardiovascular health, confidence and mental sharpness.
(403) 438-0476
www.thecounterpunch.ca

Rec @ Home Program

Virtual exercise classes, activities, and social gatherings on line
(587) 231-6973 Sarah Allen or sarah.allen@theBSF.ca

Olds Pickle Ball Club

Our club plays year round.
(403)507-1350
oldspickleball@gmail.com

Olds Curling Club

A mixed league for adults over 50. For Mondays, teams drawn at random at the beginning of the season and a winner is declared at Christmas time. Teams are redrawn for the second half of the year.

For Wednesdays, teams as registered.

10 am start with the possibility of 1 pm draw pending the number of teams registered.
(403)507-9628 - Henry Czarnota
www.oldscurlingclub.ca

Peaks to Prairies PCN

Walking Group

- Wednesdays- Various outdoor locations
- Wednesdays at the CLC at 11:00 (free admission)

GLAD- Osteoarthritis & Exercise

- Learn about osteoarthritis and safe exercise to maintain function, manage pain.

Exercise Specialist

- ask your physician for a referral.
(587) 796-0765

Social Connections

Olds Royal Canadian Legion:

Bingo, live music, card games, shuffleboard, and dining.

Health equipment loans (walkers, wheelchairs, etc)

(403) 556-6406

www.rcl105.ca

Olds Evergreen Club

Senior's Yoga & Pilates, carpet bowling, walking groups, games,

line dancing, facility rentals.

(403) 556-6406

oldsevergreen.org

Men's Shed of Olds

Men's Shed is a part of an international movement that offers a casual, supportive space where men can connect, socialize, and work on meaningful projects. It is designed to reduce isolation, build friendships, and enhance the mental health and well-being of men in our community. Each Men's Shed is unique to its community, with some inviting participation from women also. We want to hear your ideas on how the Old's Men's Shed can best reflect the interests and skills of our residents. Come let us know your interest areas whether it be woodworking, metalworking, gardening, cooking or bike repairs and more!

How can I get involved?

Please reach out to any of our steering committee members for more information.

Morley Kjargaard 403-507-5238 email: mojo2000@oldsnet.ca

Leo Quaife 403-507-0500 email: leoquaife@gmail.com

Dennis McKernan 403-556-6706 email: lifeworks@oldsnet.ca

Tom O'Neill 403-507-1831 email: tommelacres@hotmail.com

Brent Collins 403-803-4597 email: h.brent.collins@gmail.com

Social Connections continued

Olds Municipal Library

Silver Surfers

Drop in and get some help on how to use your device. All questions answered.

One on One Tech Tutor

Must make an appointment. Receive personalized computer, smartphone and other tech training.

Craft Studio

Registration required and prices vary. Monthly evening crafts with light refreshments.

Book Clubs

Cover to Cover - Morning Book Club. Discuss great reads, share thoughts and connect with other book lovers.

Shelf Indulgence - Evening Book Club. Discuss great reads, share thoughts and connect with other book lovers.

(403)556-6460

www.oldslibrary.ca

Federal Government Programs

Canadian Pension Plan (CPP)

Guaranteed Income Supplement (GIS)

Old Age Security (OAS)

1-800-277-9914

Canada Revenue Agency (CRA)

1-800-959-8281

National Do Not Call List

1-866-580-3625

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Mental Health and Addictions

Recovery Alberta - Addiction Counseling

Need to talk about your or a family member's use of alcohol, drugs, or gambling? They offer confidential counseling and assessments. Mental health support is also available at the same time.

Services offered: Individual and group counseling, recovery help, and education.

5025 50 Street
(403) 507-8174

Mental Health Help Line:

Toll free 1-877-303-2642

Health Link Alberta:

Toll Free 1-866-408-LINK (5465)

Peaks to Prairies PCN

Workshops such as Happiness Basics, Stress Management and Moving on with Persistent Pain as well as one-on-one mental health counseling

(587) 796-0765

Alberta Brain Injury Network

Canadian Mental Health Association

Support and education for adults with acquired brain injuries and their families.
(403) 342-2266

AHS Indigenous Health Program - Red Deer

(403) 358-4369

Indigenous Cognition & Aging Awareness Research Exchange

Dr. Kristen Jacklin founded the Indigenous Cognition & Aging Awareness Research Exchange (I-CAARE) in 2015.

The goals of I-CAARE are to (1) explore and promote healthy aging with Indigenous peoples, and (2) raise awareness about cognitive health in Indigenous communities.

Team 20 has two focus areas: rural and Indigenous. The Indigenous team is the only team within the CCNA investigating neurodegenerative diseases in Indigenous communities. For this, we have received partner funding from the Institute of Aboriginal Peoples Health at CIHR to research quality of life for Indigenous people affected by age-related dementia.

Information is available on line including:

Aging well

For more information please visit: <https://www.icaare.ca/>

Local Contact Information:

Red Deer Native Friendship Society: 403-340-0020

Hope for Wellness Help Line

(Immediate help to all indigenous people):

1-855-242-3310

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Helplines

Seniors Abuse Helpline

(780) 454-8888

Central Alberta Women's Shelter (CAWES)

1-888-346-5643 or 403-346-5643

Office of the Seniors Advocate

1-844-644-0682

Red Deer Helping Elder Abuse Reduction (H.E.A.R.)

Resource Information Line:

1-877-454-2580 OR 403-346-6076

Family Violence Information Line

(403) 310-1818

Red Deer Sexual Assault

1-866-956-1099

Addictions Help Line

1-866-332-2322

Emergency/24 Hour

Police, Fire, Ambulance:

9-1-1

Hope for Wellness Help Line

(Immediate help to all indigenous people)

1-855-242-3310

Poison Control

1-800-332-1414

Victim Services Alberta

(403) 227-8555

Golden Circle: Central Alberta Elders Abuse

Emergency Shelter 24 hour line

1-877-454-6076

Medical Services

Olds Hospital and Care Centre

Emergency, Acute Care, Long Term Care, Hemodialysis, Laboratory services, nutrition counseling, respiratory therapy, senior's mental health program, volunteer resources, wound and ostomy team, outpatient PT

(403) 556-3381

Wildrose Medical Centre

Same day appointments booked each morning by phoning the clinic at 07:45

Call to be registered on the waiting list for the next available physician taking

new patient.

(403) 556-7130

Brightside Family Medicine

Physicians are no longer taking new patients.

(587) 557-2241

Care First Medical Clinic

A branch of Care First Medical Airdrie, this clinic is currently taking new patients. They also offer a walk in clinic (including Saturdays) located next to Westview Coop Food Store.

(403) 513-5735

Public Health

Maternal / Child / Family health, vaccinations, health promotion, dietitian services.

Located in the Ralph Klein Building at the Community Learning Campus.

5601-45 Avenue

(403) 559-2150

The Lending Cupboard (Red Deer)

Lends out medical equipment for minimal fee. Donations welcome. Will deliver to Olds.

(403) 356-1678

Royal Canadian Legion #105 (Olds)

Wheelchairs and walkers available to borrow.

(403) 556-6406

Dental Services

Olds Family Dental Clinic

Olds Family Dental Clinic is a full service family and cosmetic dental practice.

ofdc.ca

(403) 556-8818

West Olds Dental

We make sure at our clinic all of our patients feel welcome and get the dental care that they need. Our mission is to provide each individual with the best treatment possible.

westoldsdental.ca

(587) 812-4747

The Dental Clinic

At The Dental Clinic, we deliver exceptional, personalized care with a focus on your comfort and well-being. We are dedicated to using the latest technology and techniques to ensure the highest standards of dental health and aesthetics.

oldsdental.com

(403) 556-3747

Feather Dental Hygiene Studio

We offer the same hygiene services you would receive in a traditional dental setting. We believe a dental cleaning is not a one size fits all. We will assess and treat you based on your wants and needs.

<https://www.featherdentalhygiene.ca/>

(403)556-2284

Mobile Dental Services

Fresh Perspective Mobile (Catarina Jones)

www.freshperspectivemobile.com

(403) 708-8390

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Transportation

Companions Caring 4 U

Appointments, shopping assistance, scenic drives, visit family/friends or entertainment
(403) 507-6546

Nurse Next Door

Transport to/from appointments or to run errands
(403) 506-3304

Mountain View Hospice Society Nav Care

Volunteers can provide rides for seniors with chronic health conditions
(subject to availability/eligibility)
(403) 586-9992

Town of Olds Sunshine Bus

Bus runs from Mondays to Fridays from 9:00 AM – 5:00 PM
(To book transportation: Call Monday to Friday from 9:00 AM – 11:00 AM)
(403) 556-8003

Olds Taxi

(403) 556-6050

Olds Cabs

Local Pickups, long distance, deliveries, airport transfers, advanced bookings.
(403) 994-6868

Donna Reimer

Provides transport for seniors in Olds, Didsbury, Carstairs, will drive to Calgary, Red Deer, Airdrie.
(403) 586-5030

Accredited Supports to the Community :

Connect Seniors Supports

Medical appointments, shopping, errands, social events
(403) 556-4100

Meal Options

Co-op Meals

Pre-Made meals

(403) 556-3335

Padnoma Grocery Services

Shops and delivers groceries

(403) 556-1000

Heart to Home

Frozen meals delivered to your home.

hearttohomemeals.ca

(403) 374-6816

Community Soup Kitchen

St. Paul's Lutheran Church (open to anyone in the community)

Wednesdays

5:30 PM - 6:30 PM

Good Food Club

Hope Pointe Community Church and Alberta Health Services.

The Good Food Box Program provides each participant with a box of local fresh fruits and vegetables every month that they're in season, plus a newsletter with information and recipes for meals and snacks.

Participants pay a membership fee and pay for either a small box for one or two people for a week .

For more information call:

(403) 556-8820

Fall Alert

CSL Medical Alert

1-855-558-4539 or email Alex L'Herbier at alherbier@protectioncsl.com

Philips Lifeline

1-888-551-5135

Telus Health Medical Alert

1-888-505-8008

Downsizing/Moving

Boomer Movers - helping seniors transition

Assists and guides the downsizing and relocation process, creating a smooth and stress-free transition for seniors and their families.

(403) 586-1070

info@boomer movers.ca

Housekeeping / Yard Work

Companions Caring 4 U

(403) 507-6546

Servant's Heart

Offers discounts for Seniors.

(403) 809-1579

Out of the Box Labour Center

Offering simple, reliable services for your home or business: we cut grass and fix up yards, we help you move things, we clean your spaces, and we supply general workers.

Offers discounts for Seniors.

(403) 588-9534

*Subsidized housekeeping is available for seniors who are below a set income. Please search for Special Needs Assistance for Seniors on the Government of Alberta website for more information or contact the Community Connection Centre to inquire about their subsidized housekeeping program.

Legal Information

Senior's Health Advocate

(403) 310-0000

Office of the Public Guardian & Trustee

Planning for the future, in case of loss of capacity (PDs, EPOAs, trusteeship)

(403) 340-5165

Central Alberta Legal Community Clinic

Wills, PD, EPOA

(403)-314-9129

Financial Supports

Alberta Seniors Financial Assistance and Benefits

1-877-644-9992

Olds Alberta Supports

Family and social supports, AISH
(403) 507-8060

Mountain View Food Bank

Open every Tuesday from 9:00 AM - 1:00 PM
(403) 556-1693

The Lending Shelf - Olds

A not for profit organization serving Olds and Area. We help get used (and new) clothing into the hands of anyone who needs them. Always FREE!
oldsclsvolunteer@gmail.com

Free Tax Clinic

If you have a modest income and a simple tax situation, volunteers can do your tax return for you.
(403) 556-6128 or email carolej@oldsnet.ca

Private Care Givers

Connect Seniors Supports

Transportation, companionship, social support, respite, meal support, light housekeeping
(403) 556-4110

Companions Caring 4 U (Shirley Butler)

24hr care, meal prep, personal care, respite, med assistance, light yard work
(403) 507-6546

Comfort Keepers

24hr palliative care, personal care, respite, light cooking, and housekeeping
(587) 802-3365

Nurse Next Door

24hr care, personal care, skilled nursing care, palliative care, wound care, special needs, medical assistance.
(403) 506-3304

Private Care Givers continued

Central Alberta Palliative Care (Amber)

In-Home Palliative nursing (overnight care, medications, personal care, etc)
(403) 596-3764

Christy Atkinson

Personal care, respite.
(403) 636-0338

Norine Fullen

Personal care, respite.
(403) 638-1069

Karen Zaretski

Personal care, respite, housekeeping, baking.
(587) 444-8522

Donna Nickerson

Senior's Services" housekeeping, laundry, medical appointments, personal care.
(587) 877-1280

Just Like Family Home Care

Companionship, housekeeping, deep cleans, personal care, respite, dementia care, post-hospital care, meal prep/planning, foot care, transportation, disability care, live-in.
(403) 848-2028

Caring Hands for Seniors

Providing non-medical support to help older adults maintain independence, dignity, and peace of mind. Errands/Grocery Shopping, Professional Organization Light Housekeeping, Friendly companionship.

We're flexible, reliable, and compassionate - tailoring support to each client's unique needs.
(403) 597-3929
www.caringhandsforseniors.ca

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Foot Care Providers

Name	Contact Information	Area Served	Qualifications
Firm Foundations Advanced Medical Foot Care	Edith Erickson, RN Diana Unger, LPN 403-443-2402 advancedfootcare.ab@gmail.com Available Mon, Wed, Thurs	Olds, Delburne, Three Hills, Hannah	Advanced foot care, Diabetic
Happy Feet Foot Care	Patti Kilpatrick, RN 403-507-1612	Olds, Didsbury and area	Advanced foot care, Diabetic
Sydney Foot Care (Mobile)	Emily Sydney, RN 403-399-3453 613-818-8121 sydneyfootcare@gmail.com	Olds, Sundre, Bowden, Didsbury, Carstairs, Cremona	Advanced foot care, Diabetic
Advanced Foot Care and Mobile Services	Carmen Carry, RN 403-710-2578 carmen.carry@gmail.com	Olds and area	Advanced foot care, Diabetic
Irene's Therapeutic Footcare (Not mobile)	Irene 403-415-6662	Olds	Diabetic
Lisa Rolley's Foot Care (Mobile)	Lisa Rolley, LPN 403-415-9967	Olds and area	
Alberta Family Podiatry	Dr. Fitzner, Podiatrist 403-556-1145	Olds	Evaluation, diagnosis and treatment for foot and ankle problems
Mobile Foot Care	Kathy Backs 403-586-5758	Olds, Bowden, Innisfail	NHPC, Esthetic Pedicurist

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Foot Care Providers continued

Mobile Foot Care	Kathy Backs 403-586-5758	Olds, Bowden, Innisfail	NHPC, esthetic pedicurist
Alberta Family Podiatry	Dr. Fitzner, Podiatrist 403-556-1145	Olds	Evaluation, diagno- sis and treatment for foot and ankle problems

* Please inquire about prices for home visits/travel costs when you speak to the provider.

Eye Care Clinics

Olds Eyecare Clinic

Olds Eye Care Clinic have been providing a high standard of eye care for the whole family since 1970.

(403) 556-6068

Uptowne Eyecare

Uptowne Eyecare has been present in your area for several years. We provide you with a professional and attentive service, worthy of what you'd expect from an independent optometry clinic.

(403) 556-1905

The Eye Wearhouse

A family run optical business. Opticians will have Optometrist look over vision tests.

(403) 556-2202

Please use this QR code to access the online version of this publication found on the Town of Olds website.

